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Do you snore?

- ☐ Yes
☐ No
☐ Don't Know

If you snore, your snoring is (snoring loudness)

- ☐ Loud as breathing
☐ Loud as talking
☐ Louder than talking
☐ Very Loud

If you snore, how often do you snore (snoring frequency)

- ☐ 3-4 times/week
☐ 1-2 times/week
☐ 1-2 times/month
☐ Never or almost never

Does your snoring ever bother other people?

- ☐ Yes
☐ No
☐ Don't Know

How often your breathing pauses have been noticed?

- ☐ Almost everyday
☐ 3-4 times/week
☐ 1-2 times/week
☐ 1-2 times/month
☐ Never or almost never

How often do you feel tired or fatigued after your sleep?

- ☐ Almost everyday
☐ 3-4 times/week
☐ 1-2 times/week
☐ 1-2 times/month
☐ Never or almost never

During your waking time, do you feel tired, fatigued or not up to par?

- ☐ Almost everyday
☐ 3-4 times/week
☐ 1-2 times/week
☐ 1-2 times/month
☐ Never or almost never

Have you ever nodded off or fallen asleep while driving a vehicle?

- ☐ Yes
☐ No

Do you have high blood pressure?

- ☐ Yes
☐ No

Body Mass Index

- ☐ Normal ☐ Overweight ☐ Obese